

863-644-5275



2980 Lakeland Highlands Rd.
Lakeland, FL 33803

UDC Fall 2022-23 Classes Begin February 21 | Updated 2/21/2023

Studios & Times	Mondays				Tuesdays				Wednesdays			
	A	B	C	D	A	B	C	D	A	B	C	D
9am												
10am												
11am												
12Noon					Combo (2-3) Ballet/Lyrical Kristen							
1pm												
2pm												
3pm												
4pm	Hip Hop (4-6yrs) TJ/Ivy	Comp Reh	Ballet I Celeste	Comp Reh		Pre-Ballet I Megan	Ballet/Pre-Pointe (4-5:30) Danielle	Beg. Kicks Jumps & Turns Tiffany	Lyrical (4-6) Megan	Ballet I/II Fredri	Jazz (4-6) Analy	Adv. Kick Jumps & Turns Tiffany
5pm	Reserved	Beg Jazz (4-6) Ivy	Balle II Kristen	Beg Tap Daniel		Beg Lyrical (7-11) Analy	Adv. Acro (5:30-6:30) Alicia	Int Hip Hop(9+) Kayloni		Beg. Contemp (7-11) Fredri/Celeste	Beginner Hip Hop (7-11yrs) Kayloni/Marci	Adv. Jazz Analy
6pm	Yoga(Adult)	Beg Hip Hop (12+) Marci	Ballet III (6-7:30) Fredri	Ballet V (6-7:30) Megan	Clogging (7+) Krista	Yoga(Adult)	Int. Acro (6:30-7:30) Alicia	Comp Reh		Int./Adv. Hip hop (12+) Danielle	Adv. Contemp Fredri	Comp Run Thru
7pm	Tap (Adult) Daniel		Special Creative Experience (9+) (7:30-8:30)	Pointe (7:30-8:30) Danielle	Comp Run Thru	Cabaret Reh	Int Lyrical (7+) (7:30-8:30) Analy	Adv. Hip Hop (12+) Kayloni	Yoga(Adult)	Reserved	Int Kicks Jumps & Turns Tiffany	Modern 9+ Kayloni
8pm			Comp Reh (8:30-9:30)				Comp Reh	Comp Reh		Jazz(Adult) Ron	Comp Reh	Comp Reh

Studios & Times												
Studios & Times	Thursdays				Friday				Saturday			
	A	B	C	D	A	B	C	D	A	B	C	D
9am												
10am									Pre Ballet II Danielle	FDPE/Prodigy 7-11	Comp Reh	Comp Reh
11am									Beg Tap TJ		Comp Reh	Comp Reh
12Noon											Adult Beg/Int. Ballet Danielle	Comp Reh
1pm											Comp Reh	Comp Reh
2pm											FDP	
3pm												
4pm		Int/Adv Improv/ Contemp Danielle		Beg. Jazz (7+) Analy		Beg. Hip Hop (12+) Cameron	Int/Adv Jazz (9+) Freddie	Acro Beginners (6+) Alicia				
5pm	Comp Run Thru	Hip Hop 4-6 yr Kayloni	Ballet Conditioning Danielle	Int. Jazz 7+ Analy		Boys Hip Hop (7+) Cameron	Comp Reh	Comp Acro Group 1				
6pm		Musical Theatre Kristen	Ballet II/III 6-7:30 pm Megan	Comp Run Thru		Belly Dance 6-7pm Saffera	Contemporary Intermediate (9+) Freddie	Comp Acro Group 2				
7pm		Comp Run Thru	Cabaret Reh	Int/Adv Contemp 12+ Tiffany		Adult Heels Danielle	FDP Youth Ensemble (7+)	Comp Reh				
8pm		Comp Run Thru					FDP Youth Ensemble (7+)	Comp Reh				